

# ANNEX A (General Instructions / Packing List) to Army National Guard (ARNG) Rappel Master Course Student Memorandum of Instruction (MOI)

## 1. General

### a. Billeting

(1) Billeting is available throughout the course. All Soldiers will utilize arranged billeting throughout the course. Linen is not available.

### b. Dining

(1) Meals are not provided and per diem will be authorized during specified dates for a resident Ft. Benning, GA course. Meals will be provided and per diem will not be authorized during specified dates for a mobile training team course.

### c. Transportation

(1) Transportation will not be provided for a resident Ft. Benning, GA course.

(2) Transportation will be provided by the host unit to and from the nearest airport for a mobile training team course.

(3) POVs are not authorized during the course; they may be used for arrival and departure to the course.

### d. General Packing List, ALL packing list items IAW AR 670-1 & DA PAM 670-1

(1) The following packing list details the required documentation, uniforms and equipment for the Rappel Master Course. Unit commanders and first line supervisors should pre-inspect their soldiers before they report to the Rappel Master Course. Soldiers who report to the course without required uniforms and equipment will be released from the course.

(2) All items of clothing and equipment on this packing list will be clean and serviceable. Failure to have any of the below items in clean and serviceable condition (missing fasteners, holes, etc.) will result in the soldier being denied enrollment into the course. Ultimately, it is the decision of the Rappel Master NCOIC as to whether or not the equipment is clean and serviceable.

(3) This packing list prescribes the minimum number of items required for the course. Students are allowed to bring additional items to last the length of the course if needed. **Seasonal items will be brought 1 OCT – 1 APR.**

(4) Individual Equipment (minimum required, may bring more as desired)

1 ea Patrol Cap w/ rank  
1 ea rigger's belt

- 1 ea ACUs, complete (Service-specific uniform but no Multi-cam or other operational pattern)
- 1 ea T-shirt (Plain, no Company Logo T-Shirts allowed)
- 1 pr combat boots
- 1 pr socks, combat boot
- Notebook, pen (black ink), pencil (No.2)
- I.D. Card
- I.D. Tags
- Pocket Knife with Locking Blade (blade not to exceed 4" or TSA guidelines)
- 1 set civilian attire
- 50-pack of 3x5 cards for flash-cards

(5) Hygiene Items (minimum):

- 2 ea towels (brown or white)
- 1 ea wash cloth (brown or white)
- 1 ea tooth brush with tooth paste
- 1 pr shower shoes
- 1 ea duffle bag
- 1 ea laundry bag

(6) OCIE

- 1 pr combat boots
- 5 pr socks, combat boot
- 2 ea ACUs, complete (Service-specific uniform but no Multi-cam or other operational pattern)
- 3 ea T-shirt (Plain, no Company Logo T-Shirts allowed)
- 1 ea FLC or equivalent (chest racks/Rhodesian racks are discouraged)
- 2 ea one-quart canteens (canteen cups are not required)
- 2 ea double-mag pouches
- 1 ea first aid case, with field dressing
- 1 ea waterproof bag
- 1 ea two-quart canteen with cover and strap
- 1 ea Advanced Combat Helmet (ACH) or equivalent, with camouflage cover and helmet band
- 1 ea Gore-Tex jacket, field jacket, or wet-weather top
- 1 MOLLE rucksack or equivalent
- 1 combination lock for wall locker
- 1 set dust goggles
- 1 set earplugs with case

(7) Unauthorized items:

(a) Dietary supplements are not authorized for use by any personnel at any time throughout the course

(b) No cellular phones or pagers during duty hours

(c) No fixed blade or folding knives over 4" or exceeding TSA guidelines

(d) No civilian clothes of any type during duty hours

(e) Alcohol products are not allowed throughout the duration of the Rappel Master Course

e. Additional Information

(1) Additional information can be obtained through our web page at:

<http://www.benning.army.mil/tenant/wtc/rmc.htm>

f. Required Documents

(1) A WTC Form 100 must be completed in full and signed by the CDR, 1SG, Readiness/Supervisor NCO and Student. Failure to complete the form correctly will result in the soldier being dropped from the course if not corrected within 24 hours.

(2) Students must have three (3) copies of their orders or DD 1610 (DTS ORDER) for traveling students. Active Component personnel assigned to Fort Benning ONLY: Service School Worksheet in lieu of orders/DD 1610.

(3) MEDPROS Individual Medical Record (IMR), the PDF form that can be obtained from the MEDPROS page which contains all health-related data in a single page; or a physical. All students must have passed a valid physical examination within **five** years and passed a valid periodic health assessment (PHA) in the **last 12 months**. Students **over 40** will have a completed physical within **one year**. Students can have a minimum PULHES of 111121 and have no speech impediment.

(4) Current DA 705 and DA 5500 if applicable

(5) Copy of orders or diploma from Ranger, Air Assault, Sapper, or Military Mountaineer.

g. Prerequisites

(1) CPL and above from any Military Branch of any component or foreign service

(2) Must be Air Assault, Ranger, Sapper, or a graduate of the Military Mountaineer Course (any Phase). Students must provide documentation of respective course completion

(3) Pass the APFT within thirty (30) days of course start and meet the Army height and weight standards IAW AR 600-9

(4) Any profile that will limit the soldier's ability to train will result in dismissal from the course. Shaving profile is authorized when the soldier is carrying current profile

(5) All eyewear will be IAW AR 670-1, **contact lenses are not authorized**

(6) Soldiers must be on orders to attend the course. No soldier may attend this course while on Leave or Pass

h. Reporting

(1) Soldiers flying to the course should be given ample time for travel to ensure they are rested for the start of the course. **No flights will be scheduled prior to 1900hrs on graduation day**

(2) Soldiers who do not arrive with proper documentation or arrive late for in-processing will not be entered into the course

(3) Specific reporting instructions for location and time, see ANNEX B

(4) Meals: see Annex B

(5) POVs are authorized throughout the course but parking is restricted to the Student Parking lot at the designated area as briefed during in-processing.

(6) PX purchases are limited to off duty hours. All items should be purchased prior to in-processing. Soldiers will not be afforded the opportunity to visit the PX or Clothing and Sales during in-processing

(6) Soldiers who drive their POV more than 100 miles will be required to stay in the barracks the night of graduation before driving back to their unit or HOR